

MEXICAN FAVOURITES

each item can be served up from mild to wild as specified by you
all are served with brown rice unless you prefer
a garden salad, caesar salad or french fries

where indicated, selections can be made with one of the following, blackened also available:
**BEEF - SEAFOOD - JUST VEGGIES - CHICKEN - BLACK BEAN, SPINACH & MUSHROOM - BACON & EGG
CHIPOTLE STEAK & FETA - VERY SPICY CAYENNE BEEF**

START WITH
CORN CHOWDER OR
CHEESE SOUP
for 4.29

Celiac **The Big One**

burrito that is ~ a large white flour or whole wheat
tortilla over stuffed with onions, tomatoes, cheese,
pinto beans and your choice of one item, topped
with red salsa and more cheese 15.79

BURRITO - just like "The Big One" only smaller 11.99

ADD SKEWERED MIXED VEGGIES 2.29 ADD SKEWERED SHRIMP 3.59

Chonita

a mexican style panzerotti filled
with seasoned sour cream, cheese
and your choice of one of the
items listed above 15.99

ADD SKEWERED MIXED VEGGIES 2.29

ADD SKEWERED SHRIMP 3.59

Chimichanga

a white flour or whole wheat tortilla stuffed with
cheese, onions, tomatoes, seasoned sour cream and
your choice of one item listed above, fried to a golden
brown, topped with cheese and sour cream 15.49

ADD SKEWERED MIXED VEGGIES 2.29

ADD SKEWERED SHRIMP 3.59

MORE MEXICAN FAVOURITES

Celiac **Caesar Salad**

a traditional tijuana caesar salad with your choice of
GRILLED CHICKEN OR BLACKENED CHICKEN for 11.79

GRILLED SHRIMP or **GRILLED FAJITA STEAK** (plain or blackened) 13.79

ADD SKEWERED MIXED VEGGIES 2.29 ADD SKEWERED SHRIMP 3.59

CAN BE
PREPARED
VEGETARIAN

CAN BE
PREPARED
VEGAN

Celiac **Fajitas**

the classic do-it-yourselfer ~ choose **CHICKEN, FAJITA STEAK** or **SHRIMP**, served sizzling
hot on a bed of sautéed onions and bell peppers, served with white or whole wheat
tortillas, cheese, sour cream and salsa, so you can roll 'em the way you like 'em

FAJITA FOR ONE 17.79 **DOUBLE** 29.79

ADD SKEWERED MIXED VEGGIES 2.29 ADD SKEWERED SHRIMP 3.59

Celiac **Fajita Salad**

a bed of fresh greens with crisply sautéed onions and green peppers, shredded
cheese and your choice of **GRILLED CHICKEN OR BLACKENED CHICKEN** for 11.79 or
GRILLED SHRIMP or **GRILLED FAJITA STEAK** (plain or blackened) 13.79

all fajita salads are served with our house cucumber vinaigrette or ranch dressing

ADD SKEWERED MIXED VEGGIES 2.29 ADD SKEWERED SHRIMP 3.59



MEXICAN COMBOS

this is your chance to experience "the whole enchilada" a traditional
Mexican dinner served with pinto beans and brown rice
unless you prefer a garden salad, caesar salad or french fries
your choice of one item for 11.99 add any second item for 3.29 more

Celiac **Enchilada**

a soft corn tortilla filled with sour cream, tomatoes and onions

SEAFOOD (with a white or whole wheat tortilla, topped with red salsa & cheese)

TACO BEEF - VEGGIES ONLY (topped with cheese and red salsa)

SEASONED CHICKEN (topped with green salsa and toasted almonds)

Celiac **Quesadilla**

a grilled flour or whole wheat tortilla
stuffed with melted cheese

TACO BEEF - SEASONED CHICKEN - SAUTÉED VEGGIES

SOUR CREAM & TOMATOES - SPINACH & FETA - BACON & EGG

BRIE CHEESE WITH RASPBERRY MANGO SALSA

Flauta

mexican style spring roll - a rolled,
crispy fried flour or whole wheat
tortilla filled with cheese

CHICKEN - SEAFOOD - VEGGIES

* WE ARE HAPPY TO PROVIDE ONE COMPLIMENTARY BASKET OF CHIPS FOR YOUR TABLE